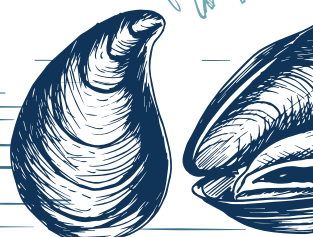
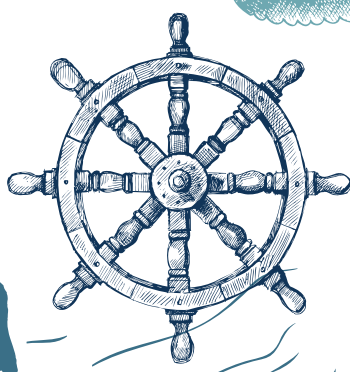
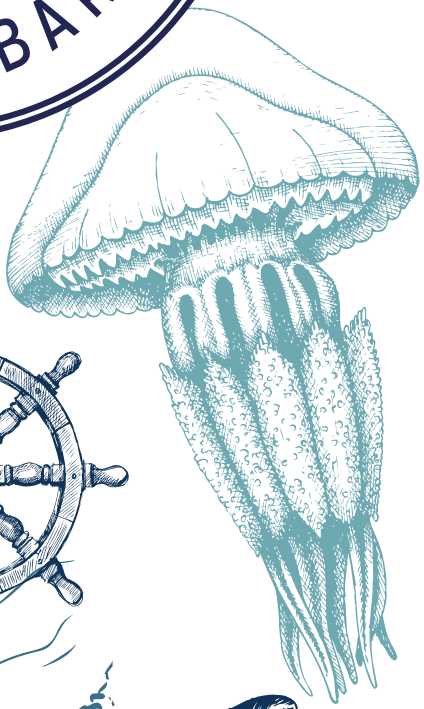
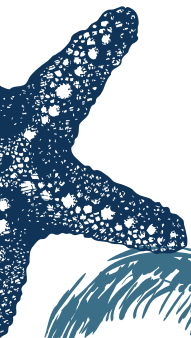
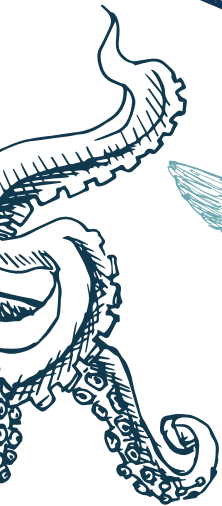
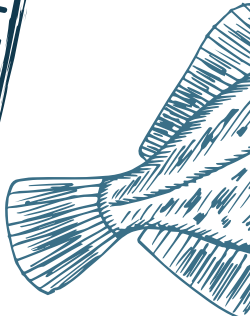
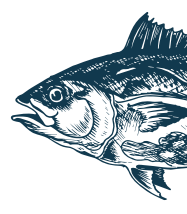
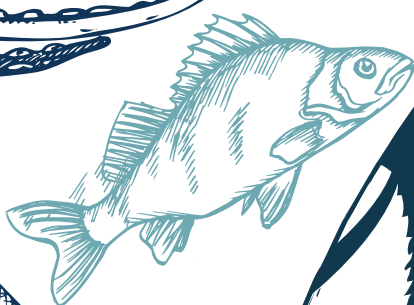
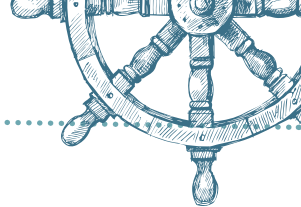




SEAFOOD GRILL
LIVE
Est. BAIT 1999
SUSHI BAR



STARTERS



OYSTERS (EACH)	R36
LIVE BAIT SALAD Rocket, crispy bacon, Bella rosa tomatoes and fresh peas tossed in a wholegrain mustard and sherry vinaigrette with parmesan shavings, garlic-rubbed croutons and avocado. Topped with a soft boiled egg.	R162
GREEK VILLAGE SALAD Bella rosa tomatoes, cucumber, green peppers and red onions tossed in a honey and mustard dressing. Served with black olives, caper berries and feta.	R80
FISH TARTARE	R104
ROCK SHRIMP TEMPURA Crispy fried prawns with spicy miso mayo.	R99
PRAWN COCKTAIL Steamed prawns, avocado and spring onion, served with a Marie Rose Sauce.	R120
FRESH WEST COAST MUSSELS (WHEN AVAILABLE) Steamed with white wine, thyme, garlic and basil, served with fresh ciabatta.	R86
DEEP FRIED CALAMARI Flash fried calamari in a turmeric flour served with green mayonnaise, lemon wedges and fresh rocket.	R122
PAN FRIED SMOKED PAPRIKA CALAMARI Pan fried with garlic, chilli, black olives, Bella rosa tomatoes, capers, lemon juice.	R120
GRILLED PRAWNS Tossed in olive oil with garlic, chilli and lemon zest.	R180

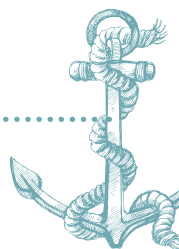
MAINS

FRESH WEST COAST MUSSELS Steamed with white wine, thyme, garlic and basil and served with fresh ciabatta.	R142
DEEP FRIED CALAMARI Flash fried calamari in a turmeric flour served with green mayonnaise, lemon wedges and fresh rocket. Served with a side of your choice.	R252
PAN FRIED SMOKED PAPRIKA CALAMARI Pan fried with garlic, chilli, black olives, Bella rosa tomatoes, capers, lemon juice. Served with a side of your choice.	R244
CHEF'S CHOICE SPECIAL BOARD See daily specials board for our latest catches and serving suggestions.	R254
BATTERED FRIED HAKE Served with basil mayo, fresh lemon and greens. Served with a side of your choice.	R226
GRILLED PRAWNS Tossed in olive oil with garlic, chilli and lemon zest. Served with a side of your choice.	R310
SEAFOOD PASTA Linguine with prawns, mussels, calamari, linefish, fresh rocket and parmesan, in a garlic and white wine sauce.	R254





SUSHI BAR



CALIFORNIA ROLLS (8 PCS)

Salmon	R170
Tuna	R134
Prawn	R90

SALMON ROSES (6 PCS)

R170

RAINBOW ROLLS

Salmon	R205
Tuna	R154
Prawn	R92

MAKI ROLLS (6 PCS)

Salmon Tuna Prawn	R70
Avocado & Cucumber	R60

TENAKA (HANDROLL)

Salmon	R90
Tuna Prawn	R75

SUSHI SALAD

Salmon	R122
Tuna Prawn	R105

SASHIMI (EACH)

Salmon	R70
Prawn	R35
Tuna	R48

NIGIRI (EACH)

Salmon	R50
Tuna	R42
Prawn	R32

TOJO (15 PCS)

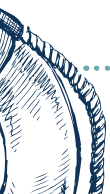
R286

- 4 Rainbow Rolls
- 3 Maki (Tuna | Linefish)
- 4 Salmon California Rolls
- 2 Nigiri (Tuna | Linefish)
- 2 Salmon Nigiri

LIVE BAIT PLATTER (28 PCS)

R626

- 6 Sashimi (Tuna, Salmon & Linefish)
- 4 Rainbow Rolls (Tuna | Linefish)
- 6 Maki
- 4 California Rolls (Tuna | Linefish)
- 2 Prawn Nigiri
- 6 Salmon Sandwiches



OFF THE GRILL

SURF AND TURF

200g Beef sirloin and prawns with Café de Paris butter, served with a side

R240

SARDINES RATATOUILLE

Braised red and yellow peppers, baby marrow in a rich tomato sauce with basil aioli

R85

SIRLOIN 200G

Served with your choice of side

R180

SAUCES

Garlic chardonnay sauce

R30

Mozambican peri-peri sauce

R35

Green mayo

R25

Tartar sauce

R25

SIDES

Chips

Summer rice

Mediterranean roasted veg



R46

R25

R42

GUPPIES (KIDDIES)

KIDDIES HAKE & CHIPS

KIDDIES CALAMARI (FRIED) & CHIPS



R108

R154

DESSERTS

CRÈME BRÛLÉE

R98

CARAMEL & VANILLA BAKED CHEESECAKE

Served with vanilla ice cream

R115

TRIO OF SORBET

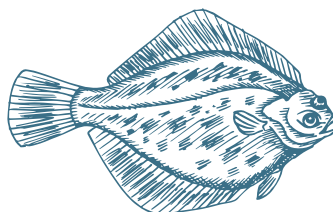
Served on a pineapple carpaccio with chilli & lime salsa

R60

DARK CHOCOLATE TART

Soft, rich dark chocolate dessert, served with vanilla ice cream, caramel popcorn and chocolate brownie crumbs.

R104



KALK BAY

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