

# LIVE BAIT

Est. 1999

## SEAFOOD GRILL & SUSHI BAR

MUIZENBERG

### COCKTAILS

<b>MOJITO</b> <i>Bacardi Carta Blanca</i>	R72	<b>FROZEN STRAWBERRY DAIQUIRI</b> <i>Bacardi Carta Blanca</i>	R83
<b>MARGARITA</b> <i>100% Agave tequila</i>	R77	<b>BLUE LAGOON</b> <i>Smirnoff Vodka</i>	R66
<b>CLASSIC MARTINI</b> <i>Bombay Sapphire® or Smirnoff Vodka</i>	R66	<b>WHITE RUSSIAN</b> <i>Smirnoff Vodka</i>	R77
<b>STRAWBERRY PIMMS CUP</b> <i>Pimm's No. 1</i>	R66	<b>VIRGIN PINA COLADA</b> <i>Fresh pineapple &amp; coconut</i>	R50
<b>SEX ON THE BEACH</b> <i>Smirnoff Vodka</i>	R72	<b>VIRGIN STRAWBERRY DAIQUIRI</b> <i>Strawberry puree</i>	R50
<b>TEQUILA SUNRISE</b> <i>Tequila or Amaretto</i>	R72	<b>APEROL SPRITZ</b> <i>Aperol/ Spier MCC</i>	R80

### SOFT DRINKS

<b>COKE, LEMONADE, GINGER ALE, TONIC WATER, DRY LEMON</b>	R20	<b>ICED TEA</b> <i>Peach/Lemon</i>	R31
<b>STILL OR SPARKLING WATER</b> <i>250ml/750ml</i>	R20/R41	<b>TISERS</b> <i>Appletiser/Grappetiser</i>	R30

Please ask one of our waiters for our full range of hot and cold beverages.



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[www.livebait.co.za](http://www.livebait.co.za)

#### KALK BAY

Beneath Harbour House Restaurant  
021 788 4133 / 021 788 5755  
[kalkbay@harbourhouse.co.za](mailto:kalkbay@harbourhouse.co.za)

#### MUIZENBERG

70 Beach Road, Muizenberg  
021 788 2705  
[muizenberg@livebait.co.za](mailto:muizenberg@livebait.co.za)

### STARTERS

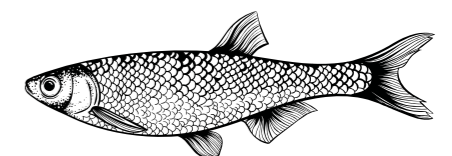
<b>FRESH WEST COAST MUSSELS</b> <i>Belgian style, First Light Ale, garlic and basil, grilled ciabatta</i>	R86
<b>DEEP FRIED CALAMARI</b> <i>Crispy crumbed, served with lemon, parsley &amp; garlic aioli</i>	R80
<b>GRILLED CALAMARI</b> <i>Served with olive oil, garlic, chilli salsa verde &amp; garlic aioli</i>	R92
<b>ROCK SHRIMP TEMPURA</b> <i>Crispy fried prawns with spicy miso mayo</i>	R89
<b>THAI FISH CAKES</b> <i>Fresh hake, ginger, lime and coriander with soya dipping sauce</i>	R60
<b>FISH GOUJONS</b> <i>Fried with parmesan crumbs &amp; green tartar sauce</i>	R50

### SUSHI

<b>FASHION SANDWICH (8 PCS)</b> <i>Salmon, Tuna, Prawn Linefish</i>	R85 R70
<b>CALIFORNIA ROLLS (8 PCS)</b> <i>Salmon, Tuna, Prawn Linefish</i>	R75 R70
<b>SALMON ROSES (6 PCS)</b>	R98

<b>RAINBOW ROLLS</b> <i>Salmon or Tuna</i>	R92
<b>MAKI ROLLS (6 PCS)</b> <i>Salmon, Tuna, Prawn Linefish Avocado or Cucumber</i>	R57 R53 R60
<b>TENAKA (HANDROLL)</b> <i>Salmon, Tuna, Prawn Linefish</i>	R75 R65
<b>SUSHI SALAD</b> <i>Salmon, Tuna, Prawn, Linefish</i>	R105
<b>SASHIMI (EACH)</b>	R29
<b>NIGIRI (EACH)</b>	R27
<b>TOJO (15 PCS)</b> <i>4 Rainbow rolls 3 Maki 4 Salmon California rolls 2 Nigiri 2 Salmon nigiri</i>	R199
<b>TOJO SALMON ONLY</b>	R225
<b>LIVE BAIT PLATTER (28 PCS)</b> <i>6 Sashimi (tuna, salmon &amp; linefish) 4 Rainbow rolls (tuna or linefish) 6 Maki 4 California rolls (tuna or linefish) 2 Prawn nigiri 6 Salmon sandwiches</i>	R410
<b>LIVE BAIT PLATTER SALMON ONLY</b>	R450

(Subject to Availability)



## SALADS

- GREEN SALAD** R85  
Butter lettuce, cucumber, avo, parmesan with a herb & whole grain mustard dressing
- GREEK VILLAGE SALAD** R80  
Pickled cucumber, tomato, red onion, green pepper, marinated feta & olives with a dill dressing
- MELON & FETA SALAD** R68  
Sweet melon, pickled cucumber, red onion, marinated feta, green olives & pumpkin seeds with a dill dressing. (Seasonal)
- CAESAR SALAD** R95  
Bibb lettuce, crispy bacon, parmesan, garlic & soft boiled egg with anchovies & parmesan dressing

## OFF THE GRILL

- SURF AND TURF** R210  
200gr Beef sirloin and prawns with Café de Paris butter, served with a side
- SARDINES SALSA VERDE** R85  
Extra virgin olive oil, fresh lemon juice, garlic & chilli. Served with salsa verde.
- SIRLOIN** 200G - R135 OR 300G - R170  
Served with your choice of side
- GRILLED BAKED VEGETABLES** R89  
Fresh vegetables grilled with feta

- SAUCES** R17  
Choice of garlic chardonnay sauce, creamy lemon butter sauce, Mozambican peri peri sauce, aioli, green mayo or tartar sauce

- SIDES**  
Choice of either hand cut chips, summer rice or garlic mash R19.50  
Mediterranean roasted veg or side Greek salad R28

## PIZZAS

- MARGHERITA** R90  
Tomato, basil & bella rosa tomatoes
- PEPPERONI** R115  
Pepperoni, mozzarella & oregano
- VEGETARIAN** R105  
Aubergines, mushrooms, red onion, tomatoes, peppers, feta & basil pesto.
- LIVEBAIT** R135  
Prawns, mussels, line fish, calamari & rocket.

## SEAFOOD

- CHEF'S CHOICE / SEE SPECIALS BOARD**
- FRESH WEST COAST MUSSELS** R135  
Belgian style, First Light Ale, garlic and basil, grilled ciabatta
- FRESH LINEFISH** SQ  
Dusted with flour, salt & white pepper, grilled with olive oil blend. Served with your choice of a side & sauce.
- BATTERED DEEP FRIED OR GRILLED HAKE** R130  
Served with basil mayo, fresh lemon, greens & chips
- DEEP FRIED CALAMARI** R130  
Crispy crumbed, served with lemon, parsley, aioli & chips or rice
- GRILLED CALAMARI** R145  
Served with olive oil, garlic, chilli salsa verde, aioli & chips or rice
- THAI FISH CAKES** R110  
Fresh hake, ginger, lime and coriander with soya dipping sauce & chips or rice
- ROCK SHRIMP TEMPURA** R160  
Fried prawns with spicy miso mayo & chips or rice
- GRILLED PRAWNS (EACH)** R39  
Peri-peri style

## GUPPIES

- KIDDIES HAKE & CHIPS** R76
- KIDDIES CALAMARI (FRIED) & CHIPS** R76

## DESSERTS

- CRÈME BRÛLÉE** R55
- CHEESECAKE** R70  
Served with vanilla ice cream
- TRIO OF ICE CREAM** R58  
Vanilla, coffee & chocolate served with a fudge sauce
- TRIO OF SORBET** R58  
Lemon, orange & passion fruit served on a pineapple carpaccio with chilli & lime salsa
- DARK CHOCOLATE TART** R75  
Soft, rich dark chocolate dessert, served with vanilla ice cream, caramel popcorn and chocolate brownie crumbs.

# DRINKS MENU

## WINES

- BUBBLES**  
Spier Secret Sparkling R235/R50  
Pongrácz Brut R335/R75
- PROSECCO**  
Da Luca Prosecco R275/55
- HOUSE WINE**  
Hampton & Co. Sauvignon Blanc R135/35  
Hampton & Co. Merlot R135/35
- SAUVIGNON BLANC**  
Spier Signature R165/45  
Noble Nomad He Slept Beneath the Stars R185/50  
Journey's End The Weather Station R205  
Durbanville Hills R160
- CHARDONNAY**  
Flagstone Poetry R135/38  
Fat Bastard R210/55  
Boschendal 1685 R255
- CHENIN**  
Nederburg 56Hundred R135/38  
Remhoogte First Light R205
- WHITE BLENDS**  
Buitenverwachting Buiten Blanc R155/40  
Doran Vineyards Arya R175
- OTHER WHITE VARIETALS**  
Haute Cabrière Chardonnay/Pinot Noir R255
- ROSÉ**  
Zevenwacht 7even R140/38  
Holden Manz R210  
Hermanuspietersfontein Bloos R240
- PINOT NOIR**  
La Vierge The Affair R350/90
- MERLOT**  
Spier Signature R195/50  
Darling Cellars Six Tonner Reserve R165
- PINOTAGE**  
Ernst Gouws & Co. R210/55
- SHIRAZ**  
Porcupine Ridge R175/45  
Saronsberg Provenance R265
- CABERNET SAUVIGNON**  
Flagstone Poetry R140/38  
Nederburg Winemaster's R225
- RED BLEND**  
Flagstone Longitude R145/38  
Hill & Dale R150/40  
Journey's End The Pastor's Blend R205
- OTHER RED VARIETALS**  
Neethlingshof Malbec R235/65

1692  
Spier