

LIVE BAIT

Est. 1999

SEAFOOD GRILL & SUSHI BAR

KALK BAY

COCKTAILS

MOJITO <i>Bacardi Carta Blanca</i>	R65	FROZEN STRAWBERRY DAIQUIRI <i>Bacardi Carta Blanca</i>	R75
MARGARITA <i>100% Agave tequila</i>	R70	BLUE LAGOON <i>Smirnoff Vodka</i>	R60
CLASSIC MARTINI <i>Bombay Sapphire® or Smirnoff Vodka</i>	R60	WHITE RUSSIAN <i>Smirnoff Vodka</i>	R70
STRAWBERRY PIMMS CUP <i>Pimm's No. 1</i>	R60	VIRGIN PINA COLADA <i>Fresh pineapple & coconut</i>	R45
SEX ON THE BEACH <i>Smirnoff Vodka</i>	R65	VIRGIN STRAWBERRY DAIQUIRI <i>Strawberry puree</i>	R75
TEQUILA SUNRISE <i>Tequila or Amaretto</i>	R65	APEROL SPRITZ <i>Aperol/ Spier MCC</i>	R75

SOFT DRINKS

COKE, LEMONADE, GINGER ALE, TONIC WATER, DRY LEMON	R16	ICED TEA <i>Peach/Lemon</i>	R28
STILL OR SPARKLING WATER <i>250ml/750ml</i>	R16/R35	TISERS <i>Appletiser/Grapetiser</i>	R25

Please ask one of our waiters for our full range of hot and cold beverages.



KALK BAY
Beneath Harbour House Restaurant
021 788 4133 / 021 788 5755
kalkbay@harbourhouse.co.za

Follow us on

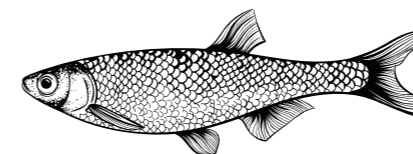


www.livebait.co.za

MUIZENBERG
70 Beach Road, Muizenberg
021 788 2705
muizenberg@livebait.co.za

STARTERS

OYSTERS (EACH)	SQ
SOUP OF THE DAY	SQ
LIVE BAIT SALAD <i>Rocket, crispy bacon, Bella rosa tomatoes and fresh peas tossed in a wholegrain mustard and sherry vinaigrette with parmesan shavings, garlic-rubbed croutons and avocado. Topped with a soft boiled egg.</i>	R75
GREEK SALAD <i>Bella rosa tomatoes, cucumber, green peppers and red onions tossed in dill and cucumber dressing. Served with black olives, caper berries and feta.</i>	R69
FISH TARTARE	R80
PRAWN COCKTAIL <i>Steamed prawns, avocado and spring onion, served with a Marie Rose Sauce.</i>	R90



SUSHI BAR

CALIFORNIA ROLLS (8 PCS) <i>Salmon, Tuna, Prawn Linefish</i>	R70 R65
SALMON ROSES (6 PCS)	R90
RAINBOW ROLLS <i>Salmon or Tuna</i>	R78
MAKI ROLLS (6 PCS) <i>Salmon, Tuna, Prawn Linefish Avocado or Cucumber</i>	R52 R49 R46
TENAKA (HANDROLL) <i>Salmon, Tuna, Prawn Linefish</i>	R70 R60
SUSHI SALAD <i>Salmon, Tuna, Prawn, Linefish</i>	R95
SASHIMI (EACH)	R25
NIGIRI (EACH)	R25
TOJO (15 PCS) <i>4 Rainbow Rolls 3 Maki (Tuna or Linefish) 4 Salmon California Rolls 2 Nigiri (Tuna or Linefish) 2 Salmon Nigiri Salmon only</i>	R180 R205
LIVE BAIT PLATTER (28 PCS) <i>6 Sashimi (tuna, salmon & linefish) 4 Rainbow rolls (tuna or linefish) 6 Maki 4 California rolls (tuna or linefish) 2 Prawn nigiri 6 Salmon sandwiches Salmon only</i>	R380 R410

(Subject to Availability)

MAINS

FRESH BLACK WEST COAST MUSSELS

R80/120

Steamed with white wine, thyme, garlic and cream and served with fresh ciabatta.

DEEP FRIED CALAMARI

R75/145

Flash fried calamari in a turmeric flour served with green mayonnaise, lemon wedges and fresh rocket.

PAN FRIED SMOKED PAPRIKA CALAMARI

R85/145

Pan fried with garlic, chilli, black olives, Bella rosa tomatoes, capers, lemon juice and served with savoury rice.

FRESH LINEFISH

R145

See daily specials board for our latest catches and serving suggestions.

KIDDIES HAKE & CHIPS

R70

Served with green mayonnaise, summer salad and chips.

HAKE & CHIPS

R99

Served with green mayonnaise, summer salad and chips.

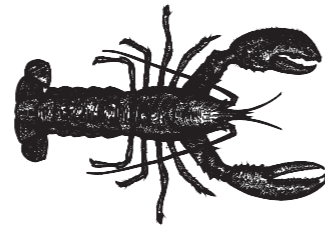
GRILLED PRAWNS

R125/185

Tossed in olive oil with garlic, chilli and lemon zest, served with garlic mayonnaise and savoury rice.

CRAYFISH

SQ



SEAFOOD SELECTION

SQ

SEAFOOD PASTA

R135

Linguini with prawns, mussels, calamari, linefish, fresh rocket and parmesan, in a garlic and white wine sauce.

GREEN LINGUINI

R95

Linguini tossed in basil pesto and parmesan with fine green beans, capers and baby potatoes.

STEAK, EGG & CHIPS

R155

Sirloin steak grilled to perfection and served with a soft fried egg and chips.

DESSERTS

DARK CHOCOLATE TART

R60

Soft, rich dark chocolate dessert, served with vanilla ice cream, caramel popcorn and chocolate brownie crumbs.

CRÈME BRÛLÉE

R50

TRIO OF SORBET

R50

Served on pineapple carpaccio with chilli, lime syrup.

VANILLA ICE CREAM

R40

Served with hot chocolate sauce.

NEW YORK - STYLE BAKED CHEESE CAKE

R60

DRINKS MENU

WINES

BUBBLES

Spier Secret Sparkling

R220/47

Pongrácz Brut

R315/R68

PROSECCO

Da Luca Prosecco

R275/55

HOUSE WINE

Hampton & Co. Sauvignon Blanc

R125/35

Hampton & Co. Merlot

R125/35

SAUVIGNON BLANC

Spier Signature

R155/45

Noble Nomad He Slept Beneath the Stars

R170/45

Journey's End The Weather Station

R185

Durbanville Hills

R155

CHARDONNAY

Flagstone Poetry

R125/35

Fat Bastard

R195/50

Boschendal 1685

R225

CHENIN

Nederburg 56Hundred

R125/35

Remhoogte First Light

R180

WHITE BLENDS

Buitenverwachting Buiten Blanc

R150/40

Doran Vineyards Arya

R160

OTHER WHITE VARIETALS

Haute Cabrière Chardonnay/Pinot Noir

R225

ROSÉ

Zevenwacht 7even

R125/35

Holden Manz

R190

Hermanuspietersfontein Bloos

R210

PINOT NOIR

La Vierge The Affair

R325/85

MERLOT

Spier Signature

R170/45

Darling Cellars Six Tonner Reserve

R150

PINOTAGE

Ernst Gouws & Co.

R185/50

SHIRAZ

Porcupine Ridge

R155/40

Saronsberg Provenance

R250

CABERNET SAUVIGNON

Flagstone Poetry

R130/35

Nederburg Winemaster's

R205

RED BLEND

Flagstone Longitude

R135/36

Hill & Dale

R140/38

Journey's End The Pastor's Blend

R185

OTHER RED VARIETALS

Neethlingshof Malbec

R215/60

1692
Spier